Windholz papers SFCP.MSS.004

Finding aid prepared by Greg Borman, Chris Gordon, and Eric Rosen
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Title: Windholz papers
Identifier/Call Number: SFCP.MSS.004
Contributing Institution: San Francisco Center for Psychoanalysis
Language of Material: English
Physical Description: 34.0 Linear feet, 63 cartons
Date (bulk): Bulk, 1960-1986
Date (inclusive): 1940s-1980s
Abstract: The Windholz papers consist of notes, patient sessions, discussions with analysts, manuscripts and reprints authored by him, manuscripts and reprints collected and inscribed to him, transcripts of graduate student seminars, administrative papers and miscellaneous documents. The materials in the collection span the dates 1942 to 1986 and provide an overview of work done on consensual analysis by Windholz and his contemporaries.

creator: Berliner, Hildegard
creator: Cliggett, Don
creator: Gill, Merton M. (Merton Max), 1914-1994
creator: Hermanns, Ludger M.
creator: Horowitz, Marty
creator: Mages, Norman
creator: Renik, Owen
creator: Schupak, Mel
creator: Skolnikoff, Alan, 1932-2016
creator: Wallerstein, Robert S.
creator: Weiss, Jules, 1928-2013
creator: Windholz, Emanuel, 1903-1986
Conditions governing access
For use by researchers and students of psychoanalysis subject to archive rules and regulations.

Conditions governing use
Subject to copyright restrictions.

Preferred citation
'The San Francisco Center for Psychoanalysis Archives' Record Unit/Accession # and/or Collection Title.

Biographical note
Emanuel Windholz was born on March 13, 1903 in Hronec, Czechoslovakia. He was the youngest of five children in a Jewish family. His father, Pinkus Windholz, owned a grocery store in the village of Hronec. Emanuel was recognized as a bright child. At age seven, he was sent away from home to get his education attending Catholic schools. While still in the Gymnasium, Windholz began reading Freud. He completed his basic education in Kremnika, Slovakia on July 10, 1920 and took one course at Masaryk University Medical School in Brno, Czechoslovakia. He then went on to attend Charles University in Prague, where he studied medicine from 1921-26.

In the summer of 1930, Windholz went to Berlin to study psychoanalysis. After the Nazi takeover in 1933, he was told by Moshe Wulff and Ernst Simmel that he should return to Prague and begin practicing psychoanalysis. He did so, opening a private practice and began seeing patients, despite having had only six months of formal training.

In October 1933, the Czecho-Slovakian Study Group was formed. Windholz was President of the Prague Psychoanalytic Study Group from 1936-39. The translation project came to fruition in 1936 when Freud's Psychoanalytical History of Illness was published. When Germany invaded Czechoslovakia the following year, the remaining members of the Study Group who had not already emigrated finalized their plans to leave Europe. Windholz, taking with him the Prague Psychoanalytic Study Group Library, emigrated to San Francisco with his wife, a woman he married so that she would be able to escape to Czechoslovakia from Germany in 1933. When the couple first arrived in San Francisco, they stayed with Otto and Anna Maenchen in Berkeley. In order to be licensed as a doctor in the United States, Windholz had to re-train, and completed a medical internship at Mt. Zion Hospital from 1939-40. In 1942, the San Francisco Psychoanalytic Society was established. The charter members were William Barrett, Bernhard Berliner, Otto Fenichel, George Gero, Bernard Kamm, Jasha Kasanin, Donald Macfarlane, Douglass Orr, Ernst Simmel, and Emanuel Windholz. Windholz had a higher profile and wielded more power than any other analyst in the Institute. He trained many analysts and promoted them into positions within the organization of the Institute.
Windholz was very active in Institute politics. He was the Society’s second President from 1944-1946, was appointed Training Analyst in 1946, and was elected President of the Institute from 1956-58. He was Chairman of the Education Committee from 1947-56, and on the Committee on Progression and Graduation from 1960-66. He was also on the Research Team with the Psychotherapy Evaluation and Study Center of SFP&S. With the American Psychoanalytic Association, Windholz was Chairman of the Membership Committee from 1948-51, member of the Executive Council from 1951-57, and again from 1960-64. He was Chairman of the Study Group on Supervision from 1964-70, and was also a member of the editorial board of the Journal of the American Psychoanalytic Association from 1955-63.

Windholz's later papers on psychoanalytic supervision were on a subject he called "Consensual Analysis." Consensual Analysis involved two analysts who agreed to observe an analysis. In Consensual Analysis, the treating analyst saw his patient four times a week and wrote extensive notes on the patient hours. These were then passed on to Windholz. The treating analyst would then go to see Windholz once a week to 'brief' Windholz on the analysis. Unlike in classical supervision, however, Windholz from beginning to end made no comments. These meetings were recorded, transcribed and were later compared to the analyst's written reports in a seminar led by Windholz and the treating analyst.

On May 20th 1986, at the age of 83, Emanuel Windholz died. He was survived by two children, Suzanne, born in 1941, and Michael, born in 1947.

Sources Consulted:

Scope and contents
The Windholz papers include notes written by him and contemporaries on consensual analysis and patients, a large collection of patient session transcripts and transcripts of discussions between him and contemporary analysts, manuscripts and reprints authored by him, manuscripts and reprints collected by and inscribed to him, correspondence, transcripts of seminar discussions for graduate students, administrative papers, and a small miscellaneous section with consensual and non-consensual analysis case studies, psychological tests, manuscripts and correspondence in German, biographical information and work written by his son, Michael Windholz.

The materials in the collection span the years 1942 to 1986 and feature work done by Windholz and his contemporaries. The vast majority of the collection is dedicated to his work on consensual analysis. Most material is arranged by date and primarily spans the dates 1960 to 1986. The vast majority of hand written patient and consensual analysis notes are undated and organized by series only. Notes on consensual analysis are organized by patient, process, analyst, seminar and general notes. Notes have been organized by date and author where that information exists but are largely unsigned and undated. Discussions, patient sessions, and process notes focus primarily on the patient analysis and consensual work done by Drs. Don Cliggett, Alan Skolnikoff, Mel Schupak, Jules Weiss and Norman Mages along with the subsequent discussions with Windholz. Patient sessions are organized by date and patient and dialogues are organized by the doctor or doctors speaking with Windholz. Where dialogues have listed a reference to a patient, those dialogues have been included in the patient sessions series.

Arrangement note
The collection has been arranged in the following series: Consensual Analysis, Windholz Manuscripts, Correspondence, Dialogues with Doctors, Windholz Reprints, Patient Sessions, Supervision by Other Doctors, and Miscellaneous.

Subjects and Indexing Terms
Analysands
Correspondence
Psychoanalysis -- Case studies
Psychoanalysis--Methodology
Psychoanalysis--Study and teaching
Psychoanalysis--Study and teaching--Supervision
Reprints

Consensual analysis 1968-1985
Language of Material: English
Physical Description: 81.0 Folder
| Consensual analysis notes | Language of Material: English  
| Physical Description: 14.0 Folder |
| Physical Description: 22.0 Folder |
| Consensual analysis case summaries/patient notes | Language of Material: English  
| Physical Description: 16.0 Folder |
| Consensual analysis seminar notes | Language of Material: English  
| Physical Description: 2.0 Folder |
| Consensual analysis analyst notes | Language of Material: English  
| Physical Description: 4.0 Folder |
| Consensual analysis supervision notes | Language of Material: English  
| Physical Description: 3.0 Folder |
| Consensual analysis finances 6/30/1980-12/31/1984 and undated | Language of Material: English  
| Physical Description: 1.0 Folder |
| Dr. Norman Mages process notes 8/13/1979-1/18/1983 and undated | Language of Material: English  
| Physical Description: 2.0 Folder |
| Dr. Alan Skolnikoff process notes 11/12/1976-9/24/1974 and undated | Language of Material: English  
| Physical Description: 3.0 Folder |
| Physical Description: 2.0 Folder |
| Dr. Mel Schupak process notes 2/20/1980-12/13/1982 | Language of Material: English  
| Physical Description: 2.0 Folder |
| Dr. Don Cliggett process notes 2/15/1969-6/16/1982 | Language of Material: English  
<p>| Physical Description: 1.0 Folder |
| Box 15, Folder 5-6, Box 16, Folder 1-3 | Unknown analyst process notes 1/1/1976-4/11/1985 and undated |
| Box 16, Folder 4 | SFPI Research Study Group 9/1/1971-11/2/1978 |
| Box 16, Folder 5, Box 17, Folder 1-4, Box 18, Folder 1-4, Box 19, Folder 1-4, Box 20, Folder 1-4, Box 21, Folder 1-4, Box 22, Drawer 1-4 | Windholz manuscripts 1948-1969 |
| Box 23, Folder 1-4, Box 22, Folder 5, Box 24, Folder 1-5, Box 26, Folder 1-6, Box 25, Folder 1-5, Box 28, Folder 1-2, Box 27, Folder 1-4 | Windholz manuscripts 9/13/1948-1/15/1969 and undated |
| Box 28, Folder 3-5, Box 29, Folder 1 | Manuscripts collected by Windholz |
| Box 29, Folder 2 | Correspondence 1945-1986 |
| | Correspondence 6/4/1945-4/7/1986 and undated |
| | Miscellaneous correspondence 9/13/1972-10/1/1985 and undated |
| | Dialogues with Doctors 1968-1986 |</p>
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| Box 39, Folder 11 | **Dr. Marty Horowitz dialogues**  
Language of Material: English  
Physical Description: 1.0 Folder |
| Box 39, Folder 12 | **Unknown doctor dialogues 4/7/1982-5/13/1982**  
Language of Material: English  
Physical Description: 1.0 Folder |

**Windholz reprints 1942-1980**  
Language of Material: English  
Physical Description: 3.0 Folder

| Box 40, Folder 1 | **Reprints by Windholz 1942-1971**  
Language of Material: English  
Physical Description: 1.0 Folder |
| Box 40, Folder 2-3 | **Reprints inscribed to Windholz 10/4/1948-12/26/1980**  
Language of Material: English  
Physical Description: 2.0 Folder |

**Patient Sessions 1961-1984**  
Language of Material: English  
Physical Description: 104.0 Folder

| Box 40, Folder 4-6, Box 41, Folder 1-5, Box 42, Folder 1-5, Box 43, Folder 1-5, Box 44, Folder 1-5 | **Anna patient sessions 12/4/1979-4/19/1984**  
Language of Material: English  
Physical Description: 23.0 Folder |
| Box 45, Folder 1-5, Box 46, Folder 1-5, Box 47, Folder 1-2 | **M.B. patient sessions 12/27/1976-10/28/1983 and undated**  
Language of Material: English  
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Mr. S patient sessions 10/2/1968-5/7/1969
Language of Material: English
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Language of Material: English
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Mr. C.T. patient sessions July 1976-1/27/1977
Language of Material: English
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Patient S. patient sessions 7/27/1979-12/3/1979
Language of Material: English
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Unknown patient sessions 9/22/1979-6/9/1980 and undated
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Supervision by other Doctors 1960-1962
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Dr. Sylvester supervision 6/13/1960-11/10/1961
Language of Material: English
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Dr. Gill supervision 2/20/1961-9/8/1962
Language of Material: English
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Miscellaneous 1976-1980
Physical Description: 10.0 Folder

Pschological testing 10/8/1976-10/22/1976 and undated
Language of Material: English
Physical Description: 1.0 Folder

Manuscripts and letters in German (oversized)
Language of Material: German
Physical Description: 2.0 Folder

Non-Consensual Analysis case studies (oversized)
Language of Material: English
Physical Description: 2.0 Folder

Case studies 4/7/1980-Sept. 1980 and undated
Language of Material: English
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Biographical notes
Language of Material: English
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Michael Windholz
Language of Material: English
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Non-Consensual Analysis notes
Language of Material: English
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