Guide to the Betty L. Melton papers, 1973-1979

Finding aid prepared by Martha Knight.
California State University, Sacramento Special Collections & University Archives
The Library
2000 State University Drive East
Sacramento, CA, 95819-6039
916-278-6144
scua@csus.edu
**Title:** Betty L. Melton papers  
**Identifier/Call Number:** MSS 1995/02  
**Contributing Institution:** California State University, Sacramento Special Collections & University Archives  
**Language of Material:** English  
**Physical Description:** 2.4 Linear feet (6 manuscript boxes)  
**Date (inclusive):** 1973-1979  
**Abstract:** Betty L. Melton was a physical education teacher and the chair of the department at La Sierra High School in Sacramento. She was instrumental in helping to establish rules and gender equity for California girls’ high school athletics through her involvement with the California Interscholastic Federation (CIF). This collection consists of by-laws, meeting minutes, schedules, correspondence, progress reports, handbooks and pamphlets.  
**Language of Materials note:** English.  
**creator:** California Interscholastic Federation.  
**creator:** Melton, Betty L.  

**Biographical/Historical note**  
These boxes contain the personal files of Betty Melton when she was involved in the California Interscholastic Federation (CIF) and more specifically as head of the Girls' Sports Advisory Committee of the CIF. CIF is the parent organization begun by a group of LA area high school principals in 1914. By 1917 the CIF had grown into a statewide organization dedicated to setting standards of conduct, eligibility, and scholastic conduct for school athletes. (Original Article of Incorporation 1939.) The papers span 1966-1979 and contain materials related to Melton's involvement in CIF in various capacities. She was instrumental in helping to establish rules for California girls' high school athletic competition. Melton also chaired the Physical Education department at La Sierra High School in Sacramento.  
1973: Council Member from La Sierra High School. Melton attended meetings as a council member at a time when the CIF was expanding into women's athletics. Member of the Salary and Fees Committee, and the Capital Valley Conference (CVC). Also member of Sacramento Joint Unified School District High School Girls' Athletic Directors group. Chairman of Sac-Joaquin Girls' Athletics.  
1974-1975: Representative to CIF of San Joaquin Section of the Girls' Advisory Committee.  
1975: Secretary of the State CIF Girls' Sports Advisory Committee.  
1976: Member of Board of Directors of CIF Protection Fund (which oversaw insurance)  
1976-1977: Chair of the Girls' Sports Advisory Committee of the CIF.  
1978-1979: Membership status unclear.  
Melton was also a member of DGWS - “Division of Girls and Women in Sport” of the American Association for Health, Physical Education and Recreation (AAHPER). DGWS was a separate governing section for girls' sports. In 1974 the CIF started discussing integrating all girls' sports programs under CIF by-laws. Betty Melton gathered federation-wide feedback regarding the proposal.  
The Betty Melton papers highlight the growth of women's athletics in high schools after the passage of Title IX prohibited discrimination based on gender. They illustrate the need to establish gender equity in high school sports by setting and enforcing standards for women's participation in interscholastic athletics. While specific Title IX regulations were not worked out until 1975, the CIF and its Girls' Advisory Sports Committee were already grappling with gender equity issues in sports as evidenced in these materials dating from 1973. Also reflects CIF's struggle to improve administrative processes and standards of representational equity within the organization.  

**Scope and Contents note**  
Collection consists of the personal files of Betty Melton, Federation Council Members, by-laws, meeting minutes, schedules, correspondence, progress reports, handbooks and pamphlets.  

**Processing Information note**  
Processed by Martha Knight.  

**Appraisal note**  
There is no current criteria for records retention.  

**Preferred Citation note**  
[Identification of item, folder title, box number], MSS 1995/02, Betty L. Melton papers, Department of Special Collections and University Archives, Library, California State University, Sacramento.  

**Accruals note**
No additions are expected.

Custodial History note
Betty L. Melton assembled these papers over many years. The collection was later given to CSU Sacramento.

Conditions Governing Use note
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Immediate Source of Acquisition note
The Betty L. Melton papers were given to CSUS Special Collections and University Archives in 1996.

Conditions Governing Access note
Collection is open for research. Some restrictions may apply.

Subjects and Indexing Terms
California Interscholastic Federation.
Melton, Betty L.
School sports -- United States -- California
Schools -- California -- Sacramento County

Series 1: California Interscholastic Federation, 1967-1979
Series Description
This series consists of general organizational materials of the CIF parent organization from roughly 1967 to 1979. Some materials are undated. Subseries include constitution and by-laws, correspondence, meeting materials, member directories and organizational charts.

Box 1, Folder 1 CIF Constitution and By-Laws, 1967-1974
Box 1, Folder 2 CIF Constitution and By-Laws, 1975-1976
Box 1, Folder 3 CIF Constitution and By-Laws, 1977
Box 1, Folder 4 CIF Constitution and By-Laws, 1978-1979
Box 1, Folder 5 CIF Miscellaneous Correspondence, 1974-1977
Box 1, Folder 6 CIF Meeting Materials, 1972-1973
Box 1, Folder 7 CIF Meeting Materials, 1974
Box 1, Folder 8 CIF Meeting Materials, 1975
Box 1, Folder 9 CIF Meeting Materials, 1976
Box 1, Folder 10 CIF Meeting Materials, 1977
Box 1, Folder 11 CIF Meeting Materials, 1978
Box 1, Folder 12 CIF Meeting Materials, 1979
Box 1, Folder 13 CIF Member Directory, 1974-1975
Box 1, Folder 14 CIF Organizational Charts, n.d.

Series 2: California Interscholastic Federation (CIF), 1968-1979
Series Description
The documents in this series include progress and financial reports, rules and regulations, tournament and season schedules, CIF Protection Fund (insurance) meeting materials, CIF Los Angeles schools schedules and reports, safety guidelines, officiating and related eligibility litigation.

Box 2, Folder 1 CIF Progress Reports, 1973-1975
Box 2, Folder 2 Miscellaneous Financial, 1974-1977
Box 2, Folder 3 CIF Regulations - Eligibility, 1974-1978
Box 2, Folder 4 CIF Rules and Regulations re: Girls' Sports, 1968-1976
Box 2, Folder 5 CIF Rules and Regulations - Misc. Sports, 1974-77
**Series 2: California Interscholastic Federation (CIF), 1968-1979**

- **Box 2, Folder 6** CIF Tournaments and Season Schedules, 1974-1978
- **Box 2, Folder 7** CIF Protection Fund (Insurance) Meeting Materials, 1974-1979
- **Box 2, Folder 8** CIF Los Angeles Schools Schedules and Reports, 1973-1977
- **Box 2, Folder 9** Safety and Injury Guidelines, 1975-1978
- **Box 3, Folder 1** CIF Officiating, 1968-1975

  General note
  Restrictions apply.

**Box 3, Folder 2** Eligibility Litigation, 1974-1979

**Series 3: CIF Girls’ Sports Advisory Committee (GSA), 1971-1979**

Series Description

This series consists of correspondence, meeting materials, surveys, notes, photographs and legal documents related to girls’ sports. These documents concern primarily the integration of girls’ athletics into the CIF parent organization and early oversight of girls’ interscholastic competition in California.

- **Box 3, Folder 3** (Pre-) Girls’ Sports Advisory Committee Correspondence, 1971-1972
- **Box 3, Folder 4** CIF Girls’ Sports Advisory Committee Correspondence, 1973
- **Box 3, Folder 5** CIF Girls’ Sports Advisory Committee Correspondence, 1974
- **Box 3, Folder 6** CIF Girls’ Sports Advisory Committee Correspondence, January-April 1975
- **Box 3, Folder 7** CIF Girls’ Sports Advisory Committee Correspondence, May-December 1975
- **Box 3, Folder 8** CIF Girls’ Sports Advisory Committee Correspondence, 1976-1978
- **Box 3, Folder 9** GSA Questionnaires and Survey Results, 1973-1979
- **Box 3, Folder 10** GSA Meeting Materials, 1974
- **Box 3, Folder 11** GSA Meeting Materials, 1975
- **Box 3, Folder 12** GSA Meeting Materials, 1976
- **Box 3, Folder 13** GSA Meeting Materials, 1977-1979
- **Box 3, Folder 14** Miscellaneous Notes, Photos of GSA Committee, 1974-1976
- **Box 3, Folder 15** Title IX, 1974-1975
- **Box 3, Folder 16** Related Legislation, 1974-1978

**Series 4: CIF Sac-Joaquin Section, 1972-1979**

Series Description

This container includes constitutions and by-laws, organizational records, meeting materials, correspondence, and tournament and league regulations of the Sac-Joaquin (Sacramento and San Joaquin Valleys) Section of CIF.

- **Box 4, Folder 1** Sac-Joaquin Section Constitution and By-Laws (Includes Membership Directory 1974-75), 1972-1973
- **Box 4, Folder 2** Sac-Joaquin Section Directory, 1972-1975
- **Box 4, Folder 3** Sac-Joaquin Section Organizational Reports, 1972-1974
- **Box 4, Folder 4** Sac-Joaquin Section Correspondence, 1974-1976
- **Box 4, Folder 5** Sac-Joaquin Section Meeting Materials, 1973
- **Box 4, Folder 6** Sac-Joaquin Section Meeting Materials, 1974
- **Box 4, Folder 7** Sac-Joaquin Section Meeting Materials, 1975-1976
- **Box 4, Folder 8** Sac-Joaquin Section Meeting Materials, 1977-1979
- **Box 4, Folder 9** Sac-Joaquin Section Girls Basketball, 1974-1979
- **Box 4, Folder 10** Sac-Joaquin Section Girls Track and Field, 1973-1979
- **Box 4, Folder 11** Sac-Joaquin Section Volleyball, 1974-1978
- **Box 4, Folder 12** Sac-Joaquin Section Miscellaneous Undated Sports Schedules and Regulations, n.d.
- **Box 4, Folder 13** Miscellaneous Sac-Joaquin Section League Organization and Schedules, 1972-1975

**Series 5: Division of Girls and Women in Sports (GWS) of the American Association for Health, Physical Education and Recreation (AAHPER), 1966-1979**

Series Description

This series consists of correspondence, meeting materials, directories and publications, rules, studies and conference materials from the Organization of GWS State and District Chairpersons annual meeting.
Box 5, Folder 1  GWS Correspondence, 1966-1978
Box 5, Folder 2  GWS Meeting Materials, 1973-1974
Box 5, Folder 3  GWS Directories and Publications, 1975-1978
Box 5, Folder 4  Rules Studies, 1974-1979
Box 5, Folder 5  OSDC Conference Materials, 1978

Series 6: Southwest District of the American Association of Health, Physical Education and Recreation (AAHPER), 1967-1979

Series Description
This series consists of codes of operations, directories, constitutions and by-laws, budgets, correspondence and meeting materials from the Southwest District of the AAHPER before and during Melton's membership.

Box 5, Folder 6  Code of Operations, 1967
Box 5, Folder 7  Code of Operations, 1977
Box 5, Folder 8  Directories, 1977-1979
Box 5, Folder 9  Constitution and By-Laws, 1974-1977
Box 5, Folder 10  Budgets, 1977-1979
Box 5, Folder 11  Correspondence, 1977-1978
Box 5, Folder 12  Meeting Materials, 1977-1979


Series Description
This series consists of documents from Athletic Directors within the San Juan Unified School District in Sacramento. They include season reports, meeting materials and a district Athletics Master Plan.

Box 5, Folder 13  Season Report, 1973
Box 5, Folder 14  Meeting Materials, 1974-1976
Box 5, Folder 15  Athletics Master Plan, 1975

Series 8: Capital Valley Conference, 1964-1978

Series Description
Athletic policies, meeting materials, correspondence and team schedules comprise these documents from interscholastic sports within the Capital Valley Conference (possibly governed by the Sac-Joaquin Section of CIF).

Box 5, Folder 16  Athletics Policies, 1964
Box 5, Folder 17  Meeting Materials, 1975-1978
Box 6, Folder 1  Correspondence and Girls' Team Schedules, 1976-1977
Box 6, Folder 2  Miscellaneous Sports Schedules (Girls and Boys), 1975-1977

Series 9: Miscellaneous Subject Files, SERIES IX: 1972-1979

Series Description
This series contains general articles and publications regarding coaching, Title IX and women athletes. This box also contains publicity files, photographs of volleyball competition, national rule books, and Melton's resume and biography.

Box 6, Folder 3  Articles, Publications re: Title IX and Girls' Sports, 1972-1973
Box 6, Folder 4  Articles, Publications re: Title IX and Girls' Sports, 1974
Box 6, Folder 5  Articles, Publications re: Title IX and Girls' Sports, 1975
Box 6, Folder 6  Articles, Publications re: Title IX and Girls' Sports, 1976-1978
Box 6, Folder 7  National Federation of State High School Assoc. Rule Books, 1974-1979
Box 6, Folder 8  Coaching, 1973-1978
Box 6, Folder 9  Publicity, 1974
Box 6, Folder 10 Betty Melton Biography and Resume, n.d.