

---

## **Guide to the Sacramento County (Calif.) Department of Health Services records**

William Burg

Center for Sacramento History

551 Sequoia Pacific Blvd.

Sacramento, California 95811-0229

Phone: (916) 808-7072

Fax: (916) 264-7582

Email: [csh@cityofsacramento.org](mailto:csh@cityofsacramento.org)

URL: <http://www.centerforsacramentohistory.org/>

© 2013

Center for Sacramento History. All rights reserved.

---

## Guide to the Sacramento County (Calif.) Department of Health Services records

### Collection number: CNTY0010

Center for Sacramento History  
Sacramento, CA

Processed by:

William Burg

Date Completed:

2009

Encoded by:

Sean Heyliger

© 2013 Center for Sacramento History. All rights reserved.

---

### Descriptive Summary

**Title:** Sacramento County (Calif.) Department of Health Services records

**Dates:** 1969-1981

**Bulk Dates:** 1974-1979

**Collection number:** CNTY0010

**Creator:** Sacramento County (Calif.) Department of Health Services

**Collection Size:** 3 linear feet(3 boxes)

**Repository:** Center for Sacramento History

Sacramento, California 95811-0229

**Abstract:** The collection includes the records of two organizations, the Sacramento County Mental Health Advisory Board and the Sacramento County Health Council, and a collection of pamphlets and calendars associated with Sacramento County mental health programs.

**Physical location:** 27K7, 27K8

**Languages:** Languages represented in the collection: English

### Access

Collection is open for research use.

### Publication Rights

All requests to publish or quote from private collections held by the Center for Sacramento History (CSH) must be submitted in writing to [csh@cityofsacramento.org](mailto:csh@cityofsacramento.org). Permission for publication is given on behalf of CSH as the owner of the physical items and is not intended to include or imply permission of the copyright holder, which must also be obtained by the patron. No permission is necessary to publish or quote from public records.

### Preferred Citation

[Identification of item], Sacramento County (Calif.) Department of Health Services records, CNTY0010, Center for Sacramento History.

### Acquisition Information

Records transferred from the Sacramento County Mental Health Department to the Center for Sacramento History in 1983 (Accession #1983/132).

### Processing Information

Sacramento County Mental Health Department series processed by William Burg, 2009. Finding aid prepared by William Burg, 2009. Collection was renamed Sacramento County (Calif.) Department of Health Services records from Sacramento County Mental Health Collection to reflect the current name of the department (DACs).

### Biography / Administrative History

The Mental Health Advisory Board (MHAB) was created in response to the Short-Doyle Act, passed by the California legislature in 1957. This legislation was part of a national shift in mental health policy from institutionalization of the mentally ill to county-based community mental health systems. Sacramento's MHAB was created in 1963 to advise the Sacramento County Board of Supervisors and the Director of the Department of Mental Health. Its responsibility included

---

---

review and evaluation of the community's mental health needs, services, facilities and special problems, and preparation of an annual report to the Board of Supervisors. MHAB included several subcommittees, including the Executive Committee, the Plan Committee, the Nominating Committee, Advisory Committee, the Catchment Area Committees (Sacramento County was divided into five service zones, called "catchment areas") and the Grants Committee. The Sacramento County Health Council was created as a result of the Health Planning and Resources Development Act of 1974, federal legislation that combined and redirected the efforts of federally supported state and local agencies. The Act created regional Health Service Areas (HSA) throughout the country. Sacramento County was part of an eight-county HSA known as the Golden Empire Health Services Agency (GEHSA) designed to allocate funds for medical facilities via a coordinated regional plan. Each county created a Health Council that worked with GEHSA to administer the Act. Health providers submitted plans to GEHSA and the Health Council based on identified community needs. Subcommittees of the Health Council disbursed federal funds based on a policy called the Certificate of Need process. Both boards represent an era when mental health policy was transitioning from one based on the long-term institutionalization of the mentally ill to a strategy based on community care and deinstitutionalization. The Short-Doyle Act and later Lanterman-Petris-Short Act recognized the rights of the mentally ill to live in the community and limited earlier state policies that promoted long-term hospitalization for mental illness over community care. This move was supported by changes to state and federal law that provided funding for community care clinics. The Short-Doyle Act provided matching state funds to counties that implemented county mental health programs, and in 1972 California Welfare and Institutions Code 14000 allowed mental health providers to bill Medi-Cal for mental health services. Similarly, the federal Health Planning and Resources Development Act of 1974, combined with funding sources like Community Development Block Grants (first introduced in 1975) made funds available to develop community health resources, both for mental and physical health programs. Another change to government policy came in 1978 with the enactment of Proposition 13, which resulted in many dramatic cuts to state programs, including mental health programs. These policy changes, including rising citizen concerns about the size of government bureaucracy and a multiplicity of state and county advisory boards, resulted in the consolidation and reduction of mental health service availability during the later period reflected in these records. The Mental Health Advisory Board still exists as the Sacramento County Mental Health Board. The Sacramento County Health Council's functions are currently executed by the Sacramento County Department of Health and Human Services.

#### **Scope and Content of Collection**

The materials in this collection include minutes, meeting announcements, correspondence and duty statements related to the associated boards and subcommittees. Interspersed throughout the collection are copied articles and government documents about mental health boards, public policy including the Short-Doyle Act and the Health Planning and Resources Development Act of 1974, and assessment methodology for community boards. Calendars and pamphlets produced for and used by the Sacramento County Mental Health Department are included as a separate category. A newsletter, MHAB Forum, produced by the Citizens' Advisory Council of the Mental Health Advisory Board, is found in several folders.

#### **Arrangement**

Series 1. Sacramento County Mental Health Advisory Board Series 2. Sacramento County Health Council Series 3. Assorted publications

#### **Indexing Terms**

The following terms have been used to index the description of this collection in the library's online public access catalog.

Sacramento County (Calif.). Division of Mental Health

Sacramento County Health Council

Mental Health Advisory Board

Mental health policy--California

Mental health--California

---

#### **Series 1. Sacramento County Mental Health Advisory Board**

**Physical Description:** 2 boxes

#### **Series Scope and Content Summary**

Includes Sacramento County Mental Health Advisory Board agendas, meeting minutes, board applications, correspondence, and reports.

Box 1:1

**Alcohol Advisory Board meeting minutes, letters, notices of meeting changes, and organization bylaws 1974-1978**

---

Box 1:2	<b>Mental Health Advisory Board memos between board members, meeting minutes, a problem statement outlining the justification for MHAB, the MHAB line item budget, including mention of some potential effects of Proposition 13 on agency funding 1978</b>
Box 1:3	<b>Mental Health Advisory Board memos between board members, meeting minutes, a problem statement outlining the justification for MHAB, the MHAB line item budget, including mention of some potential effects of Proposition 13 on agency funding 1977</b>
Box 1:4	<b>Mental Health Advisory Board meeting notices, preliminary reports from the Community Mental Health Forum, correspondence with county supervisor Pat Melarkey, assorted correspondence and board agendas 1976</b>
Box 1:5	<b>Mental Health Advisory Board annual report to Sacramento County Board of Supervisors, correspondence between board members, idea statement for mental health 314(d) contract funds called "Gheel House," letters soliciting Central Catchment Area Committee members, executive committee meeting minutes, MHSA references to advisory board 1976</b>
Box 1:6	<b>Mental Health Advisory Board application for MHAB membership from John Mancano, board correspondence, MHAB agenda 2/18/1976 and master calendar, proposals for 1976 community forum, letter regarding conflicts of interest between being a provider of mental health services and serving on MHAB 1976</b>
Box 1:7	<b>Mental Health Advisory Board correspondence regarding resignations of board members and new applications for membership, Department of Mental Health assessment methodology for 1975-1976, request by MHAB for a full-time staff person, working paper on Sacramento County contracting for a residential treatment program, master calendar, duty statement for Steno Clerk II. 1976</b>
Box 1:8	<b>Self assessment tool/self-evaluation goal setting tool, resignation of Lorenzo Patino from MHAB board, MHAB agenda 9/10/1975, contract proposal application packet for potential providers, meeting minutes, resume for board applicants, rough draft of 1975 MHAB annual report 1975</b>
Box 1:9	<b>Mental Health Advisory Board agendas and meeting notices, July 1975, article "Examining California's Mental Health," letter from Robert Florida dated July 29, 1975 regarding his notice that a person on the MHAB board was also a contract provider, a potential conflict of interest. Pamphlet: Health Planning and Resources Development Act of 1974 1975</b>
Box 1:10	<b>Mental Health Advisory Board meeting notices January-April 1975, report of Task Force on Community Mental Health Funding, planning committee meeting minutes, letters regarding conflicts of interest of people serving on the MHAB who are also mental health service providers, site visit report regarding the Sacramento North Community mental Health Center, Five-Year Objectives (general mental health), letters from MHAB members to state assemblyman, senator and governor in support of SB 204. 1975</b>
Box 1:11	<b>Mental Health Advisory Board correspondence, proposal of suicide prevention service, MHAB Forum newsletter Winter 1974, meeting schedules and member lists, list of MHAB appointments 1963-1973, 1974-1975 mental health budget narrative, discussion paper of Alameda County MHAB, plan for Sacramento Regional Planning Commission 1974</b>
Box 1:12	<b>Mental Health Advisory Board letter regarding MHAB member Paul Berg and financial disclosure law, resume from Virginia Young, MHAB member recommending admission of Ken Fors to MHAB, correspondence, MHAB bylaws 1974</b>
Box 1:13	<b>Mental Health Advisory Board members from 1963-1973, including terms of service, including Adolph Teichert and Earl Warren Jr., letters and notices, resumes of applicants to MHAB and correspondence regarding applicants, copy of Short-Doyle Act, Article 6, Section 550, Part 2 Div. 6. 1969-1973</b>
Box 1:14	<b>Mental Health Advisory Board Grants Review Committee minutes 1977-1978</b>
Box 1:15	<b>Mental Health Advisory Board notices of meetings of the executive committee 1974-1978</b>
Box 1:16	<b>Summary and guidelines of catchment areas and lists of catchment area committees undated</b>

---

---

Box 1:17	<b>Arden Catchment Area Committee meeting minutes 1973-1978</b>
Box 1:18	<b>Central Catchment Area Committee meeting minutes 1974-1978</b>
Box 1:19	<b>North Catchment Area Committee meeting minutes 1974-1978</b>
Box 1:20	<b>South Catchment Area Committee meeting minutes 1977-1978</b>
Box 1:21	<b>East Catchment Area Committee meeting minutes 1974-1978</b>
Box 1:22	<b>Mental health planning committee letters and minutes 1973-1974</b>
Box 1:23	<b>Mental health planning committee meeting minutes, correspondence and notifications from 1975 in reverse order, flowcharts of mental health plan operations. Article, "Let's Quit Crapping Around And Do Program Evaluation" by Daniel W. Edwards and Richard M. Yarvis, UC Davis Department of Psychiatry. Article, "Davis Outcome Assessment System" by Daniel W. Edwards, Ph.D., Department of Psychology, UC Davis. Article "Illustrative Data on the Davis Outcome Assessment System" by Daniel W. Edwards, Ph.D., Department of Psychology, UC Davis. Proposal requesting \$38,000 for production of a television program produced by "Sacramento Concilio, Inc." 1975</b>
Box 2:1	<b>Mental health planning committee ephemera and programs from a public event, "Sacramento's First Comprehensive Community Mental Health Forum," held Saturday, October 23, 1976. Planning documents regarding the forum, preliminary reports of the community mental health forum dated 11/17/1976, and documents describing other counties approaches to public mental health events. Minutes from 1978, 1977 and 1976 1976-1978</b>
Box 2:2	<b>Mental Health Advisory Board meetings 1971-1978</b>
Box 2:3	<b>Mental health planning committee annual task description 1977, and a packet of 23 revenue sharing proposals for review 1977</b>
Box 2:4	<b>Mental health planning committee meeting minutes, and documents describing the planned 1979-1980 mental health planning process 1978-1980</b>
Box 2:5	<b>Technical Advisory Committee on Drug Abuse meeting minutes 1975</b>
Box 2:6	<b>Citizens Advisory Council letters from California State Citizens' Advisory Council to HMAB 1974-1977</b>
Box 2:7	<b>Correspondence between Mental Health Advisory Board and the Citizens' Advisory Council 1977-1979</b>
Box 2:7	<b>Mental Health Advisory Board Forum newsletters 1978-1979</b>
Box 2:8	<b>Correspondence between Mental Health Advisory Board and the Citizens' Advisory Council 1976-1977</b>
Box 2:9	<b>Correspondence between Mental Health Advisory Board and the Citizens' Advisory Council 1975-1976</b>
Box 2:10	<b>Correspondence between Mental Health Advisory Board and the Citizens' Advisory Council 1974</b>
Box 2:10	<b>Mental Health Advisory Board Forum newsletters 1974</b>
Box 2:11	<b>Roster of Mental Health Advisory Board county chairs in the state of California, Mental Health Advisory Board reports from San Diego and Los Angeles Counties, summaries of regional community liaisons and interagency committees 1972-1973</b>
Box 2:12	<b>Letters from Citizens' Advisory Council to Mental Health Advisory Board Child Advocates 1975-1978</b>
Box 2:13	<b>Legislative Summary (MHAB Project) Assembly bills that became law, 1976, letters from Citizens' Advisory Council to HMAB chairs, and legislative status updates" 1976</b>
Box 2:14	<b>Mental Health Advisory Board meeting minutes and notices 1979-1981</b>
	<b>Series 2. Sacramento County Health Council</b>
	Physical Description: 20 folders
	Series Scope and Content Summary
	Includes meeting minutes and notices of the Sacramento County Health Council
Box 3:1	<b>Sacramento County Health Council meeting notices and minutes 1980</b>
Box 3:2	<b>Sacramento County Health Council minutes and meeting notices 1978-1979</b>

---

---

Box 3:3	<b>Minutes of Plan Review Committee, Health Plan Subcommittee minutes, Feb. 1979. Mental health public comments, flowchart of staff assignments, plan review committee definition (made up of both providers and consumers of health services), correspondence regarding county plan review committee 1979-1980</b>
Box 3:4	<b>Public health updates 1979-1981</b>
Box 3:5	<b>Sacramento Hospital Planning Coalition documents describing SHPC's in-depth analysis of hospital utilization patterns undated</b>
Box 3:6	<b>Appropriateness Review Committee meeting minutes, notices and memoranda, July-October 1980. Overview of the appropriateness review process, inter-departmental correspondence, regulations regarding federal law outlining how to make findings of appropriateness of existing institutional health services. Callie Carney is mentioned as a member of the Plan Development Committee. A document, "Appropriateness Review Policies and Procedures Manual" outlining role of GEHSA and the committee. A document, "National Health Planning and Resources Development Act (PL 93-641)". County Health Services Plan and Budget, 1980, with budget documents. Article, "How To Keep Your Mandated Citizen Board Out Of Your Hair and Off Your Back." Letter from CHP to Rancho Seco regarding their ambulance 1980</b>
Box 3:7	<b>Health Data Subcommittee meeting minutes 1980</b>
Box 3:8	<b>Community Services Planning Council announcements, correspondence and minutes 1979-1980</b>
Box 3:9	<b>Summary of task analysis to accomplish regional agency functions, staffing recommendations and proposed budget 1980-1981</b>
Box 3:10	<b>Alcoholism Division memos including administrator's report 1979-1980</b>
Box 3:11	<b>Certificate of Need Committee roster, agendas, minutes and correspondence from 1979, applications asking for a "Certificate of Need" for various hospital additions, criteria to establish the desirability for a project, "Notice of Intent for Certificate of Need Application" form, article "A Model Certificate of Need Statute 1979</b>
Box 3:12	<b>Child Health &amp; Disabilities Prevention Committee Advisory board meeting notices 1975-1981</b>
Box 3:13	<b>Letter protesting procedures used by Sacramento County Health Council, accusing Health Council of holding meetings without a quorum and without a majority of health services consumers present undated</b>
Box 3:14	<b>Dental Health Committee meeting notices 1979-1981</b>
Box 3:15	<b>Minutes of Family Planning Advisory Board 1974-1978</b>
Box 3:16	<b>Emergency Medical Care Committee meeting minutes 1980</b>
Box 3:17	<b>Grants Review Committee roster, memo to grants review committee regarding the Certificate of Need review process, memos to County Health Council from Grants Review Committee, committee charge (to review 6 revenue sharing proposals and rank them in order of priority for funding.) undated</b>
Box 3:18	<b>Health Priorities Committee meeting minutes 1980-1981</b>
Box 3:19	<b>Health Priorities Committee meeting minutes 1976-1979</b>
Box 3:20	<b>Long Term Care Committee meeting minutes 1977-1980</b>
	<b>Series 3. Assorted publications</b>
	<b>Physical Description: 2 folders</b>
	<b>Series Scope and Content Summary</b>
	Contains two folders of mental health related pamphlets and calendars
Box 3:21	<b>Alcohol traffic safety program undated</b>
Box 3:21	<b>A special program for people who really care about emotionally disturbed children undated</b>
Box 3:21	<b>"Pierre the Pelican" Post-Natal Series (New Orleans, LA) undated</b>
Box 3:21	<b>Sacramento County Employee Alcoholism Program (Green) [3 copies] undated</b>
Box 3:21	<b>Sacramento County Employee Alcoholism Program (Brown) [3 copies] undated</b>
Box 3:21	<b>Juvenile Drug Offender Diversion Project undated</b>
Box 3:21	<b>Your County Government, Sacramento County [2 copies] 1977-1978</b>
Box 3:21	<b>El bienestar de nuestra gente [2 copies] undated</b>

---

Box 3:21 **The well-being of our people undated**  
Box 3:21 **Help for troubled persons [2 copies] undated**  
Box 3:21 **Ayuda para personas con problemas [2 copies] undated**  
Box 3:21 **Drug Alternatives Program undated**  
Box 3:21 **Sacramento County Department of Personal Health [2 copies] undated**  
Box 3:21 **Getting there...how to select a private therapist [3 copies] undated**  
Box 3:21 **You're not alone [3 copies] undated**  
Box 3:21 **Help for troubled children [2 copies] undated**  
Box 3:21 **Ayuda para ninos con problemas undated**  
Box 3:21 **An alternative: Sacramento Alcoholism Center undated**  
Box 3:21 **Warm Hands Co. presents: "Carol's Back" Community Interaction Program [2 copies] 1974**  
  
Box 3:21 **Patients' rights and responsibilities undated**  
Box 3:21 **The Sacramento County Department of Mental Health: the role of mental health communications in the community care program [3 copies] undated**  
  
Box 3:21 **Community treatment continuum [3 copies] undated**  
Box 3:22 **Mental health is contagious—pass it on [2 copies] 1974**  
Box 3:22 **Feeling individual (Yellow) [2 copies] 1975-1976**  
Box 3:22 **Feeling individual (green) (no calendar, contact numbers only) [2 copies] undated**  
Box 3:22 **Don't go it alone (orange) [2 copies] 1976**  
Box 3:22 **Don't go it alone (gray) (no calendar, contact numbers only) [2 copies] undated**  
Box 3:22 **Reflections of relationships [2 copies] 1977**  
Box 3:22 **Reflections of relationships (no calendar, contact numbers only) [2 copies] undated**  
Box 3:22 **Portraits of human rights [2 copies] 1978**  
Box 3:22 **Portraits of human rights (no calendar, contact numbers only) [2 copies] undated**  
Box 3:22 **Completing the picture [2 copies] 1979**