Herbert Weiner papers

Finding aid prepared by Jessica Cook; machine-readable finding aid created by Caroline Cubé.
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Finding aid last updated 11 October 2016.
Title: Herbert Weiner Papers
Manuscript Collection number: 469
Contributing Institution: UCLA Library Special Collections for Medicine and the Sciences
Language of Material: English
Physical Description: 6.4 linear ft.(11 document boxes, 2 half-size document boxes, 1 record carton box, and 1 flat box)
Date (inclusive): 1934-2002
Abstract: Herbert Weiner, M.D. (1921-2002) was a pioneer in psychosomatic medicine who revolutionized scientific understanding of how the brain and body interact during illness. He served as chief of behavioral medicine at UCLA (1982-2002) and was a researcher at UCLA’s Neuropsychiatric and Brain Research Institutes. His research was vital to the development of psychoneuroimmunology, a field examining the brain’s influence over the immune system. The collection contains his publications, several unpublished book manuscripts, extensive notes and lectures, and material documenting his efforts to develop research and training programs at UCLA. It also includes Weiner’s interactions with professional medical organizations and outside institutions such as the MacArthur Foundation, the Rockefeller Foundation, and Stanford University’s Center for Advanced Study in the Behavioral Sciences.

Language of Materials: Materials are primarily in English, some materials in German.
Physical Location: Stored off-site at SRLF. Advance notice is required for access to the collection. Please contact the UCLA Library Special Collections for Medicine and the Sciences Reference Desk for paging information.
Restrictions on Access
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Preferred Citation
[Identification of item], Herbert Weiner Papers (Manuscript Collection 469). Louise M. Darling Biomedical Library History and Special Collections Division, University of California, Los Angeles.
Provenance/Source of Acquisition
Processing Information
Processed by Jessica Cook in 2016 under the supervision of Jillian Cuellar in the Center for Primary Research and Training (CFPRT).
Biography/History
Herbert Weiner, M.D. (1921-2002), a pioneer of psychosomatic medicine, revolutionized scientific understanding of how the brain and body interact during hypertension, asthma, ulcers, anorexia nervosa, rheumatoid arthritis, and other illnesses. Weiner was born in Vienna and grew up in London. He came to the United States with his family in 1939, graduating magna cum laude from Harvard in 1943 and receiving his medical degree from Columbia University in 1946. During the 1950s and 1960s he was a researcher at Walter Reed Medical School Hospital in Bethesda, Maryland, studying the impact stress has on the development of gastric ulcers and other diseases.
From 1966-1982 he was a professor of psychiatry at Albert Einstein College of Medicine in the Bronx, New York. Beginning in 1969 he was also chairman of the Psychiatry Department at Montefiore Medical Center (1969-1982). In the 1970s he performed foundational research on the behavioral effects of hydrocortisone, a drug used to treat asthma and other autoimmune disorders. He moved to Los Angeles in 1982 to join the Department of Psychiatry and Behavioral Sciences at UCLA’s David Geffen School of Medicine, where he taught until his retirement in 2001. At UCLA he was chief of behavioral medicine (later Professor Emeritus) and a researcher at the UCLA Neuropsychiatric and Brain Research Institutes.
In addition to serving as the editor for Psychosomatic Medicine (the leading journal in the field) from 1972-1982, Weiner published two books, Psychobiology and Human Disease (Elsevier, 1977) and Perturbing the Organism: The Biology of Stressful Experience (University of Chicago Press, 1992). He also co-authored over 20 books, and wrote more than 200 papers during his lifetime. Overall his research was vital to the development of psychoneuroimmunology, a field examining the brain’s influence over the immune system. His study charting the negative effects of stress on women whose spouses died of lung cancer is considered seminal. Weiner passed away in 2002 in Encino, California of lung cancer.
Scope and Content
Herbert Weiner's papers are organized into three series. They contain a six volume series of his collected article publications, as well as copies of his two books. It also includes extensive notes and lectures on the history of physiology as a discipline, evidence of his research on anorexia nervosa and stress, notes on Nobel Prize winner Dickinson W. Richards, and collected information on other related psychosomatic topics. There are materials relating to the development of research and training programs at Montefiore Medical Center and UCLA, where Weiner served as chief of behavioral medicine from 1982 to his retirement in 2001, as well as Weiner’s interactions with outside institutions like the MacArthur Foundation, the Rockefeller Foundation, and Stanford University’s Center for Advanced Study in the Behavioral Sciences. Materials relating to Weiner’s education at Harvard, an in-depth curricula vitae, and autographed photographs of notable scientists can also be found in the collection.

**Organization and Arrangement**

This collection has been arranged in the following series:

- **Series 1: Lectures and Publications, 1959-2002**
- **Series 2: Professional Organizations, Research, and Grants, 1955-2002**
- **Series 3: Biographical Information, Correspondence, and Photographs, 1934-2002**

**Related Material**


**UCLA Catalog Record ID**

UCLA Catalog Record ID: 7834315

**Series 1: Lectures and Publications. 1959-2002.**

**Language of Materials:** This series contains some material in German.

**Scope and Content**

Weiner wrote over 200 articles in his lifetime; this series includes a non-commercially published, bound six volume series of Weiner's collected article publications. It also includes copies of his two books, *Psychobiology and Human Disease* and *Perturbing the Organism: The Biology of Stressful Experience*, a manuscript for an unpublished book entitled, “The Behavioral Basis of Medical Practice,” as well as several other unpublished, less complete book manuscripts on various psychosomatic topics. There are extensive notes and lectures (for courses at UCLA and conference talks elsewhere) on the history of physiology as a discipline, his research on anorexia nervosa and stress, related psychosomatic research he was engaged in, and the necessity of reforming medical school curricula. Of particular note are his notes for his 1990 Thomas Salmon lecture, a prestigious award and lecture series given to experts in the field of psychiatry.

**Organization and Arrangement**

Material in this series is arranged first alphabetically by document type, then alphabetically by author and subject.

Box 1, Folder 1  **Articles, Published: Weiner. 1987-2001.**
Box 1, Folder 2  **Articles: Published about Weiner, Misc. Authors. 1969-1989.**
Box 1, Folder 3  **Articles, Unpublished: Melnechuk, “New Models of Health, Illness, and Disease”. 1989.**
Box 1, Folder 4  **Articles, Unpublished: Shore and Stone, Weiner et. al, and Weiner. 1986-1993.**
Box 1, Folder 5  **Articles, Unpublished: Weiner, Letters to the Editor. 1997.**
Box 1, Folder 6  **Book Manuscript: Weiner, “The Behavioral Basis of Medical Practice,” Chapter 1. 1959.**
Box 1, Folder 7  **Book Manuscript: Weiner, “The Behavioral Basis of Medical Practice,” Chapter 2. 1959.**
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<thead>
<tr>
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<tr>
<td>Box 2, Folder 5</td>
<td>Courses: &quot;Psychobiology of Behavior Disorders&quot; at UCLA. 1983.</td>
</tr>
<tr>
<td>Box 2, Folder 7</td>
<td>Conference: University of Utrecht Workshop on Cardiovascular Health. 1994.</td>
</tr>
<tr>
<td>Box 3, Folder 1</td>
<td>Lectures: Weiner, &quot;Dickinson W. Richards First Draft&quot;. undated.</td>
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<tr>
<td>Box 3, Folder 4</td>
<td>Lecture: Weiner, &quot;Introduction&quot; at the Arnold Scheibel Symposium. 23 May 1996.</td>
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<tr>
<td>Box 3, Folder 5</td>
<td>Lectures: &quot;Introduction to Dr. Rey,&quot; Clark Library Series. 1994.</td>
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<tr>
<td>Box 3, Folder 10</td>
<td>Lectures: Weiner, &quot;Psychosomatic and Mental Disorders&quot;. undated.</td>
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<td>Box 4, Folder 2</td>
<td>Language of Materials: This folder contains materials in German.</td>
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<tr>
<td>Box 4, Folder 5</td>
<td>Lectures: Weiner, &quot;Somatoform Disorder&quot;. undated.</td>
</tr>
<tr>
<td>Box 4, Folder 7</td>
<td>Lectures: Weiner, UCLA Physiology Course Slides. undated.</td>
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<tr>
<td>Box 4, Folder 9</td>
<td>Language of Materials: This folder contains some materials in German.</td>
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<tr>
<td>Boxes 5-6</td>
<td>References: General References used by Herbert Weiner. circa 1989.</td>
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<td></td>
<td>Books Owned by Herbert Weiner.</td>
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Language of Materials: This series contains some material in German.

Scope and Content
This series contains Weiner’s grant applications to outside institutions like the MacArthur Foundation, the Rockefeller Foundation, and Stanford University’s Center for Advanced Study in the Behavioral Sciences. It also includes documentation of his involvement with various professional organizations including the Academy of Behavioral Research Medicine, the American Psychiatric Association, the American and New York Psychoanalytic Associations, and the American Psychosomatic Society. Lastly, this series includes material relating to the development of research and training programs at Montefiore Medical Center and UCLA (including the NPI and BRI), which Weiner helped spearhead.

Organization and Arrangement
Material in this series is arranged first alphabetically by document type, then alphabetically by author and subject.

Box 8, Folder 1
Language of Materials: This folder contains some materials in German.

Box 8, Folder 2

Box 8, Folder 3

Box 8, Folders 5-6

Box 8, Folder 7

Box 8, Folder 8

Box 9, Folders 1-2

Box 9, Folder 3

Box 9, Folder 4

Box 9, Folder 5

Box 9, Folder 6

Box 9, Folder 7

Box 9, Folder 8

Box 9, Folder 9

Box 9, Folder 10

Box 9, Folder 11


Box 10, Folders 1-2

Box 10, Folders 3

Box 10, Folders 4

Box 10, Folders 5

Box 10, Folders 6

Box 10, Folders 7

Box 10, Folders 8

Box 10, Folders 9
UCLA Program: Geriatrics at UCLA. circa 1990.

Box 10, Folders 10

Box 10, Folders 11

Box 10, Folders 12

Box 10, Folders 13

Language of Materials: This series contains some materials in German.

Scope and Content
This series contains educational material relating to Weiner's secondary education at the Harrow School in London and his undergraduate years at Harvard (1939-1943), where he participated in drama and sports. It also contains in-depth curricula vitae from throughout his career, as well as autographed photographs of famous scientists, including ego psychology founder Heinz Hartmann and Nobel Prize winner André Frédéric Cournand, whose cardiopulmonary laboratory Weiner worked in at Bellevue Hospital while a medical student at Columbia University.

Organization and Arrangement
Material in this series is arranged first alphabetically by document type, then alphabetically by author and subject.

Box 11, Folder 1  Correspondence: Ackerman, Sigurd. 1982-1988.

Language of Materials: This folder contains some materials in German.

Box 11, Folder 6  Correspondence: Hofer, Myron. 1982-2002.
Box 11, Folder 9  Correspondence: Nemiah, John. 1963-1981.
Box 12, Folder 1  Correspondence: Nemiah, John. 1982-2001.
Box 12, Folder 3  Correspondence: Romano, John. 1954-1994.

Language of Materials: This folder contains some materials in German.

Box 12, Folders 5-6  Correspondence: von Uexull, Thure. 1976-2001.

Language of Materials: These folders contain some materials in German.

Box 13, Folders 1  Education: Weiner, Harrow School. 1934-1939.
Box 13, Folders 5  Photographs. undated.
Box 14  Diplomas.