Guide to the University of California, Santa Barbara, Counseling and Career Services Collection

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Guide to the University of California, Santa Barbara, Counseling and Career Services Collection, 1967-2006

Collection number: UArch 47

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Descriptive Summary

Title: University of California, Santa Barbara, Counseling and Career Services Collection
Dates: 1967-2006
Collection number: UArch 47
Creator: University of California, Santa Barbara. Counseling and Career Services
Collection Size: 0.2 linear feet (1 half-sized document box)
Repository: University of California, Santa Barbara. Library. Dept. of Special Collections
Santa Barbara, CA 93106
Abstract: The UCSB Counseling and Career Services collection contains event, workshop, service and group flyers, brochures, publications on related issues, materials for faculty, and other documents.
Physical location: Del Sur, University Archives, 24B.
Languages: English
Access Restrictions
None.
Publication Rights
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Preferred Citation
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Acquisition Information
Undetermined.
Scope and Content of Collection

UCSB’s Counseling Services provides a variety of means of support to students, including individual and group counseling, stress management services, programs for faculty and staff in recognizing student distress, and other services. Career Services assists students in transitioning from college to the workplace or further graduate education via placement services, job fairs, internships, and other services.

A brief history from their website follows:
"The Counseling Center and Placement Center at UCSB were merged in November 1979 as an integrated service, with career planning as the unifying concept for the agency at that time. In 1984, after five years of planning, the counseling and placement departments moved into a new building specifically designed for these services, and the combined unit became known as Counseling & Career Services. Starting in 2005, administrative realities and subsequent decisions were made which resulted in the two functions, counseling and career, again being separated into two distinct agencies. Both agencies continue to share the same building and look to be one unit to the outside world. They continue to recognize that personal and career development are interrelated growth processes that occur along a continuum from self-assessment and self-understanding to eventual employment and life/career satisfaction.

"The major service delivery functions of Counseling are personal counseling, crisis intervention, groups and consultation/outreach. Auxiliary and support functions include training, research and evaluation, organizational and staff development and administrative assistance. The services with which interns have the most contact are counseling, crisis intervention, groups, and consultation/outreach.

"Counseling services include individual and group counseling for personal, social, educational, and career concerns; workshops for interpersonal skill building and problem solving; personal development resources for self-improvement in areas such as stress reduction and anxiety; and crisis intervention in personal and campus emergencies.

"Special efforts have been made to extend counseling services to diverse student populations. Liaisons have been established with the Educational Opportunity Program (EOP), Disabled Students Program (DSP), the Women’s Center, Housing and Residential Life, and The Resource Center for Sexual and Gender Diversity (RCSGD). Interns have opportunities to explore multicultural counseling issues through these outreach programs and during case discussions and training seminars."


For more information see their websites:
http://www.counseling.ucsb.edu
http://career.ucsb.edu/

The collection contains event, workshop, service and group flyers, brochures, publications on related issues, materials for faculty, and other documents.

 indexing Terms
The following terms have been used to index the description of this collection in the library’s online public access catalog.

University of California, Santa Barbara. Counseling and Career Services

 Related Material
In University Archives:
    Educational Opportunity Program (EOP) records, UArch 20, and Women's Center collection, UArch 44, for similar support services.
    Seeds, Counseling Center publication separated from collection in University Archives, Serials Short Runs.
    Files on Counseling Center and Counseling and Career Services in the Office of Public Information subject files, UArch 12.
    Counseling and Career Services folder in Broadside and Posters collection, UArch 32.
    Student Health Services collection, UArch 62.

In Special Collections:
    On the streets of Isla Vista: a study of street and road people in Isla Vista during the summer of 1970. Presented as a public service by the Counseling Center, University of California at Santa Barbara and the Isla Vista Switchboard. Special Collections and Special Collections Reading Room F869.I84 U555 1970.

Counseling Services website: http://www.counseling.ucsb.edu/
Career Services website: http://career.ucsb.edu/
| Box 1: 3 | Counseling workshops, flyers, 1976-1988 |
| Box 1: 4 | Counseling groups, 1977-1989 |
| Box 1: 5 | Letters to faculty, c. 1980-1981 |
| Box 1: 8 | Publications - "Student Problems, ...Some Thoughts for UCSB Parents," Fall 1967 |
| Box 1: 9 | Reading Study Center, c. 1968-1971 |
| Box 1: 10 | Misc. sponsored events, 1987, n.d. |